

The Conservatory of Dance Class Offerings

At The Conservatory of Dance and Theatre, nurturing a love of dance at a young age sparks a true passion for the art form. These classes build a strong dance foundation by focusing on correct posture, placement, discipline, coordination, strength, flexibility and musicality. These classes are designed for our youngest dancers who want to express their independence without the assistance of their parents.

Creative Movement (Approximate Ages 3-5)

Dancers will have fun learning pre-ballet movement to music through creative movement games. Class sizes are kept small to assure plenty of individual attention for our youngest dancers. Dancers will enjoy learning basic ballet terminology along with fun and engaging creative movement. Students should be potty trained.

Pre-Ballet (Approximate Ages 5-7)

For students entering kindergarten and up. Dancers will enjoy this interactive class that builds on basic movements learned in Creative Movement but is still appropriate for first-time dancers. This class is an introduction to ballet with beginning development of ballet concepts including turn out, coordination, spatial awareness and a specific focus on class etiquette. Students will begin positions of the feet, and introductory movement vocabulary. This also includes an introduction to the ballet barre.

Ballet A (Approximate Ages 8 up)

For the beginning ballet student. Students will learn classical ballet techniques and terminology. Each class includes barre exercises, center floor work, and across-the-floor combinations. Dancers will enjoy this interactive class that builds on basic movements learned in Pre-Ballet but is still appropriate for first-time dancers.

Ballet B (Approximate Ages 8 up + previous training)

For ballet dancers with some experience. This class will be taught by instructors traveling to us from The Southwest Virginia Ballet which is based in Roanoke, VA. Ballet B will build on basic ballet principles taught in Ballet A and will also include pre pointe/beginning pointe work.

Jazz 1 (Approximate Ages 5-7)

Jazz dance includes strength, flexibility and conditioning techniques and progressions including turns, kicks and leaps. In Jazz 1, the dancers may also learn many fun and trendy dance steps that are used for all forms of dance.

Jazz 2 (Approximate Ages 8 up)

Jazz dance includes strength, flexibility and conditioning techniques and progressions including turns, kicks and leaps. In Jazz 2, the dancers may also learn many fun and trendy dance steps that are used for all forms of dance.